

SUN-SMART POLICY FOR Kiwanis Day Care Center

Our Sun-Smart policy has been developed to ensure that all children and staff participating in this program are protected from skin damage caused by the harmful UVB and UVA rays of the sun. This policy will be implemented throughout the year, but with particular emphasis from March through October.

Sun-Smart strategies:

- Encourage staff and children to wear hats with wide brims that protect their face, neck and ears whenever they are outside.
- Encourage staff and children to wear sun-protective clothing (i.e., tightly woven, loose-fitting, full length, light-colored and light-weight) when temperatures are reasonable.
- Encourage staff to wear sunglasses that block 100 percent of UVA and UVB rays (broad spectrum) whenever they are outside.
- Provide sufficient areas of shelter and/or trees providing shade on the play yard.
- Encourage children to seek and use available areas of shade for outdoor play activities.
- Children will be hydrated and encouraged to drink water before and during prolonged physical outdoor activities in warm weather.
- Staff and parents/guardians will model sun safety behaviors by:
 - Wearing appropriate hats and clothing when outdoors.
 - Using broad spectrum SPF 15 or higher sunscreen for skin protection.
 - Seeking shade whenever possible.
 - Parent to provide broad spectrum SPF 15 or higher
 - Sunscreen to be used on their child's exposed skin, except eyelids, 30 minutes before exposure to the sun and every two hours while in the sun.
 - Apply sunscreen before and after water play.
 - Do not apply sunscreen to toddler's hands or foreheads, since sweat can cause it to get in children's eyes.
 - School-age children may apply sunscreen to themselves with adult supervision.
- Parents/guardians will complete and sign the *Parent/Guardian's Permission to Apply Sunscreen to His/Her Child* and it shall remain on file at the program.
- Include learning about the skin and ways to protect the skin from the UV rays of the sun into the program's curriculum and daily routines.

I give permission for Kiwanis Day Care Center to apply sunscreen (SPF 15 or higher) any time my child may be exposed for a period of time in the sun.

Child's Name: _____

Parent's Signature: _____ Date: _____