

## Infant Meal Notification

<b>Child Care Center Name:</b>
<b>Iron-fortified Infant Formula offered by Center:</b>

All children enrolled in this center, including infants, are eligible for meals through the United States Department of Agriculture (USDA) Child and Adult Care Food Program (CACFP). Child care centers in the program are reimbursed to help with the cost of serving nutritious meals to enrolled children. The meals must meet CACFP nutrition guidelines for children and infants. To meet CACFP requirements this center will provide formula and other foods for infants.

To help provide the best nutritional care for your infant, please complete the following information and return it to the center:

<b>Infant's First and Last Name:</b>	<b>Infant's Date of Birth:</b>
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I understand that the child care center will supply the above iron-fortified infant formula for infants according to the CACFP requirements. **\*Note: Child care centers may request parents to supply clean, sanitized, and labeled bottles on a daily basis.**

<b>If you <i>formula-feed</i> your infant, place a check mark (✓) by only ONE of the following:</b> <input type="checkbox"/> I prefer to have the child care center supply formula. <b>OR</b> <input type="checkbox"/> I will supply formula for my infant.
<b>If you <i>breastfeed</i> your infant, place a check mark (✓) by only ONE of the following:</b> <input type="checkbox"/> I will supply breast milk. <b>OR</b> <input type="checkbox"/> I will supply breast milk and have the child care center supplement formula if necessary. <b>OR</b> <input type="checkbox"/> I will supply breast milk and/or formula.

I understand the child care center will supply infant cereal and other foods for infants 4 months and older as they are developmentally ready according to the CACFP requirements. Infant foods include fruits/vegetables, meat/meat alternates, enriched bread or snack crackers, and 100% full strength juice that are creditable to the USDA Infant Meal Pattern.

<b>Place a check mark (✓) by only ONE of the following:</b> <input type="checkbox"/> I prefer to have the child care center supply infant cereal and infant foods. <b>OR</b> <input type="checkbox"/> I will supply infant cereal and infant foods for my infant.
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**\*\*This facility has not requested or required me to provide infant formula or food for my infant. I understand that I have the choice of having my infant participate in the CACFP.**

\_\_\_\_\_  
**Parent/Guardian Signature**

\_\_\_\_\_  
**Date**

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- (1) Mail: U.S. Department of Agriculture  
Office of the Assistant Secretary for Civil Rights  
1400 Independence Avenue, SW  
Washington, D.C. 20250-9410;
- (2) Fax: (202) 690-7442; or
- (3) Email: [program.intake@usda.gov](mailto:program.intake@usda.gov)

This institution is an equal opportunity provider.

Revision Date 12/15

## CACFP Infant Meal Pattern Requirements (Birth through 11 Months)

To comply with the CACFP regulations, it is the responsibility of child care centers caring for infants to purchase all required meal components on the Infant Meal Pattern according to the different age groups in care.

The infant meal must contain each of the following components in at least the amounts listed for the appropriate age group in order to qualify for reimbursement. Food within the meal pattern should be the texture and consistency appropriate for the development of the infant and may be served during a span of time consistent with the infant's eating habits; for example, the food items for lunch might be served at two feedings between 12 noon and 2 p.m. Foods should be introduced gradually to infants when developmentally ready and instructed by the parent.

**Within the meal chart below, food components marked with “●” MUST be offered to the infant in order to claim reimbursement for that meal. Food components listed under “When developmentally ready” must be offered as part of the meal only when the infant is developmentally ready to accept them.**

Birth through 3 months	4 through 7 months	8 through 11 months
<b>Breakfast</b>		
<ul style="list-style-type: none"> <li>● 4–6 fl oz formula<sup>1</sup> or breast milk<sup>2,3</sup></li> </ul>	<ul style="list-style-type: none"> <li>● 4–8 fl oz formula<sup>1</sup> or breast milk<sup>2,3</sup></li> <li><b>When developmentally ready</b></li> <li>❖ 0-3 T infant cereal<sup>1</sup></li> </ul>	<ul style="list-style-type: none"> <li>● 6–8 fl oz formula<sup>1</sup> or breast milk<sup>2,3</sup> <b>and</b></li> <li>● 1–4 T fruit or vegetable or both <b>and</b></li> <li>● 2–4 T infant cereal<sup>1</sup></li> </ul>
<b>Lunch/Supper</b>		
<ul style="list-style-type: none"> <li>● 4–6 fl oz formula<sup>1</sup> or breast milk<sup>2,3</sup></li> </ul>	<ul style="list-style-type: none"> <li>● 4–8 fl oz formula<sup>1</sup> or breast milk<sup>2,3</sup></li> <li><b>When developmentally ready</b></li> <li>❖ 0–3 T infant cereal<sup>1</sup></li> <li><b>and/or</b></li> <li>❖ 0–3 T fruit or vegetable or both</li> </ul>	<ul style="list-style-type: none"> <li>● 6–8 fl oz formula<sup>1</sup> or breast milk<sup>2,3</sup> <b>and</b></li> <li>● 1–4 T fruit or vegetable or both <b>and</b></li> <li>● 2–4 T infant cereal<sup>1</sup> and/or meat/meat alternates as follows: <ul style="list-style-type: none"> <li>○ 1–4 T meat, fish, poultry, egg yolk, cooked dry beans or peas; <b>or</b></li> <li>○ ½–2 oz cheese; <b>or</b></li> <li>○ 1–4 oz (volume) cottage cheese; <b>or</b></li> <li>○ 1–4 oz (weight) cheese food/spread</li> </ul> </li> </ul>
<b>Snack</b>		
<ul style="list-style-type: none"> <li>● 4–6 fl oz formula<sup>1</sup> or breast milk<sup>2,3</sup></li> </ul>	<ul style="list-style-type: none"> <li>● 4–6 fl oz formula<sup>1</sup> or breast milk<sup>2,3</sup></li> </ul>	<ul style="list-style-type: none"> <li>● 2–4 fl oz formula<sup>1</sup> or breast milk,<sup>2,3</sup> or fruit juice<sup>4</sup></li> <li><b>When developmentally ready</b></li> <li>❖ 0–½ slice crusty bread<sup>5</sup> or 0–2 crackers<sup>5</sup></li> </ul>

<sup>1</sup>Infant formula and dry infant cereal must be iron-fortified.

<sup>2</sup>Breast milk or formula, or portions of both, may be served; however, it is recommended breast milk be served in place of formula from birth through 11 months.

<sup>3</sup>For some breastfed infants who regularly consume less than the minimum amount of breast milk per feeding, a serving of less than the minimum amount of breast milk may be offered with additional breast milk offered if the infant is still hungry.

<sup>4</sup>Fruit juice must be full-strength.

<sup>5</sup>A serving of this component must be made from whole-grain, enriched meal or flour.